

LETTER FROM THE PRESIDENT

HOW DO I LOVE THEE?

There is a four-letter word going around some OSU locker rooms.

L-o-v-e.

Not the romantic love we see in the movies.

The Ancient Greeks had eight words that corresponded to different types of love. One of those is "agape", which is selfless and universal love. This love is unconditional, bigger than us, a boundless compassion and an infinite empathy that you extend to everyone, whether they are family members or distant strangers. Agape is sometimes referred to as "pay-it-forward" love (reflecting a favorite expression of Coach Woody Hayes), people helping others selflessly.

The highly successful athletic program at The Ohio State University is centered on a culture of agape love.

In a recent Zoom interview with Head Football Coach Ryan Day for Varsity "O" members, Coach Day talked about how the football coaches cultivate a strong feeling of team. He talked about living in a tough world, that life is a fight, including fighting to be the best version of yourself, and the role of love. He said:

Love is the ultimate motivator. When our players come here, they come here because of love for their family, love to compete, love to succeed. But once they get here and they learn what it's all about, they learn about the teammate and the guy who's going through the same thing they're going through next to them.

It becomes not about them, it becomes about their brother, and we call it the brotherhood, and we think that love is the ultimate motivator.

And what is love? Love is sacrifice, in my opinion, and so that's what we talk about, are you willing to sacrifice.

Getting a couple extra throws, or you want to sacrifice different things, for your brother, for the guy next to you, and so we think that is what motivates us, and so as time goes on, we think that that brotherhood is what bonds us together.

Coach Day also talked with his team about love as they were in the locker room about to take the field in a game last fall. He told them:

Love conquers all. Love for your family. Love for your teammates. Love to win. Love to compete. Love to fight.

There is a quotation from G.K. Chesterton on a bronze plaque in the Woody Hayes Athletic Training Facility that further discusses the role of love as a motivator. It reads:

The true solider fights not because he hates what is in front of him. But because he loves what is behind him.

OSU Head Wrestling Coach Tom Ryan has recently written a book, Chosen Suffering: Becoming Elite in Life and Leadership. In it, he writes about the importance of unconditional love:

One of the first things I give my athletes is the knowledge that win or lose, they have my love and support. We work on the weaknesses, techniques, and mental toughness. But I don't make a win or loss personal. Their value as a human being is intrinsic, not the result of their effort.



LETTER FROM THE PRESIDENT (CONT.)

In our own playing days, we gave, shared, and experienced love. We loved our sport. We loved our teammates. We loved competition. We loved the fight. We loved sacrificing for the good of our teammates, and our team. We loved striving to be the best version of ourselves.

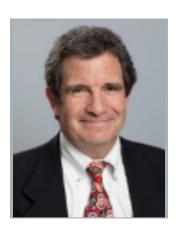
What was true then, is true now. We still love all those things, and we love our memories of our time wearing the scarlet and gray. That's why we are members of Varsity "O", and we embrace our motto of "Athletes Helping Athletes".

While we may be long removed from the playing field and locker room conversations with teammates, what we learned then carried forward. We learned as Ohio State athletes that love leads to success and feels good. Now, love makes life better for us, our family, and our friends.

As they said in the old TV beer commercial, "I love you, man."

Go Bucks!

Steve Chappelear Varsity O President Wrestling ('71-'74)



INSIDE THE ATHLETIC DEPARTMENT: MIKE PENNER

Mike Penner has been a member of The Ohio State University's athletic department's leadership team for the last 15 years providing strategic direction and oversight for the 36-sport athletic department with more than 1,000 student-athletes and 1,700 full and part-time employees. He was promoted to Executive Associate Athletic Director in June 2018 and currently provides oversight for the department's facility operations, capital projects and athletic district development; event management and championships; technology, video and audio services; marketing, social media and communications; and, he is the sport athletic director for the men's and women's tennis teams.

In his time at Ohio State, Penner has provided oversight of the OSU Golf Club, creative services, equipment services and camps; provided leadership for more than \$200 million of capital projects; has hosted more than 100 NCAA championships and more than 40 Conference championships; and has managed more than 125 events in the 100,000-seat Ohio Stadium.

Penner is a past president of the Collegiate Event and Facility Management Association (CEFMA) and was selected as the inaugural CEFMA/GameDay Consulting Event & Facility Manager of the Year award recipient. He has taught classes in Ohio State's Fisher College of Business and in the Sport Management program and has given dozens of presentations on various event topics at national and regional conferences and local universities. He has worked at the NCAA Hoop City, OHSAA Tournaments for track, tennis, basketball, softball and wrestling, the Special Olympics State Summer Games and the Major League Baseball All-Star Fan Fest.

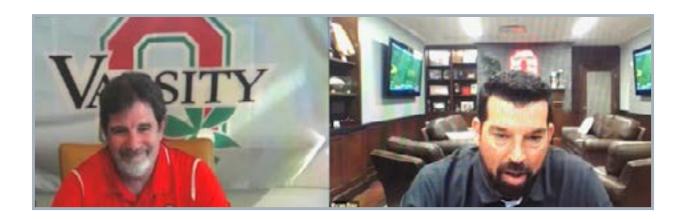
A 1997 sport management graduate of the University of Dayton, Penner earned his master's degree from The Ohio State University in 1999. He then began his career at Ohio State in July 1999 with the Department of Recreational Sports where he served as the intramural coordinator. He moved to the Department of Athletics in 2001 as the assistant director of event management and then was promoted to event management director in 2003, assistant athletics director in 2006, associate athletics director in 2009 and is now the Executive Associate Athletics Director for Internal Operations.

The Cleveland native now resides in Upper Arlington, Ohio with his wife Stephanie, daughter Kaylie (8) and son Zachary (5).



MEET THE COACH NIGHT WITH RYAN DAY MAY 18, 2021

Varsity "O" delivered another terrific event May 18th, where members had the opportunity to take part in a virtual ZOOM meeting, Varsity "O" President Steve Chappelear interviewed Ohio State Head Football Coach Ryan Day, who shared his vision for the 2021 Buckeye Football Team. Sponsored by Varsity "O" in collaboration with the Ohio State University Alumni Association, "Meet the Coach Night" allowed registered attendees to submit questions for Coach Day, which he addressed during the meeting. It was an informative session and rest assured, our Football Buckeyes are developed both on and off the field and will have a great 2021 Season.



VARSITY "O" WORKOUT SERIES RECAP May 25 - 29, 2021

What an awesome week to try new activities from the comfort of our home. Thank you to our workout series partners:

Jeff and Morgan May from the Fitness Loft gave us a great experience with training and mindfulness. They are a new locally owned gym in Columbus and you can check out their classes here: https://www.trainaxon.com/classes

Former Cheerleader and Yoga Instructor, Ally Nelson, took us through her yoga practice and gave us space to reflect and disconnect.

Former Cheerleader and Barry's Bootcamp instructor, AJ Blankenship, got our week started with a boost in his morning bootcamp!





BOARD MEMBER PROFILE-BEN PERSON

Ben Person joined the Varsity O Board in the Spring of 2021. Ben was a member of the football team from 2004-2008, he was a 2-year starter. During that time, the football team competed in 2 BCS National Championship games, played in 4 BCS Bowl games, and beat The Team Up North all 5 years.

Ben earned his bachelor's degree in financial planning. He also earned his MBA from the Fisher College of Business. Ben has been in the Financial Services industry since graduation. He owns an Independent Financial Advisory practice based out of Worthington, Ohio.

Ben met his wife, Krysta, while at Ohio State through Athletes In Action. Krysta was a 4-year letter winner on the Women's Ice Hockey Team from 2003-2007. They have made Columbus their home. They have two children, Ayden and Raegan. Their kids love hockey and football. Krysta volunteers as a coach for the CCYHA. Ben is a board member and coach for the Upper Arlington Youth Football Association.

The Person family loves an active outdoor lifestyle. They enjoy skiing or pond hockey in the winter. Their number one love is boating. They take several summer trips to Tennessee Lakes, and spend many hours on the local Griggs Reservoir. As a family they love to Water Ski, Wakeboard, and Wake Surf behind their boat.

Ben is excited to serve the Varsity O Alumni Society and looks forward to growing our engagement with the next generation of Ohio State athletes.







VARSITY "O" ALUMNI SOCIETY SCHOLAR-ATHLETE AWARD WINNERS

Each year Varsity O presents two individual awards, and four team awards, recognizing significant scholar-athlete achievements.

VARSITY "O" ALUMNI SOCIETY POSTGRADUATE AWARD WINNERS

OYESADE OLATOYE - WOMEN'S TRACK AND FIELD

Sade is one of the great students and great athletes in Ohio State athletics history. She graduated in May 2020 with a degree in the health sciences and is pursuing a master's degree in bioethics at the Ohio State College of Medicine. She is a Big Ten Conference Distinguished Scholar for having a grade point average of 3.70 and above. In addition to her accomplished academic career, Sade left her mark as first-team All-American and a National Champion for the Buckeyes. Her list of accomplishments include: Ohio State female athlete of the year ('19); 4 Big Ten shot put titles; and four Ohio State records (indoor and outdoor shot put, weight throw, and hammer throw).





JACOB WARETI - MEN'S TENNIS

Jacob has been named Academic All-Big Ten three times and is a two-time ITA Scholastic Athlete. The Columbus, Ohio native has plans of becoming a doctor and will start medical school this fall.

On the court, Wareti has been one of the leaders on the team that has won four Big Ten regular-season and tournament titles and was the Big Ten East Division champion this season.

Wareti and the Buckeyes went to the NCAA Tournament in all five of his seasons and also won the 2019 ITA Indoor Team National Championship.



VARSITY "O" ALUMNI SOCIETY TEAM GPA AWARDS

LARGE TEAM: MOST IMPROVED GPA - MEN'S FOOTBALL

In addition to a Big Ten Championship and National Championship Appearance, the OSU Buckeye Football team lead by Coach Ryan Day received the Varsity O Award for Most Improved GPA for a large team (roster of 20+).



SMALL TEAM: MOST IMPROVED GPA - WOMEN'S BASKETBALL

The 13-7 OSU Buckeye Women's Basketball team lead by Coach Kevin McGuff received the Varsity O Award for Most Improved GPA for a small team (roster of 19 or less).



VARSITY "O" ALUMNI SOCIETY TEAM GPA AWARDS (CONT.)

LARGE TEAM: HIGHEST CUMULATIVE GPA - WOMEN'S ICE HOCKEY

The Frozen Four Finalist Women's Hockey Team led by Coach Nadine Muzerall won the Varsity O Award for Highest Cumulative GPA for a large team (roster of 20+).



SMALL TEAM: HIGHEST CUMULATIVE GPA - MEN'S GOLF

The Men's Golf Team lead by Coach Jay Moseley won the Varsity O Award for Highest Cumulative GPA for a small team (roster of 19 or less).



DUTCH POWELL





By Robert J. Roman

Harold Thomson Powell was never an All American. He played football at Ohio State from 1908 to 1910, a little before the team began competing in the Western Conference. The voters for the various All-America lists did not pay much attention then to the Ohio schools, who still played mostly local schedules.

Powell, nicknamed Dutch, was a starter from his first game. He announced his presence on Otterbein's first drive with a five-yard tackle for loss. The Lantern called his debut "phenomenal." At the end of that year, the Columbus Dispatch named Powell second-team All Ohio at right tackle. In 1909, Powell appeared even more impressive. The Makio described him as "Possessed of a fine physique and agile as a cat." The blurb then elaborated on what Powell brought to the team: "Quick to diagnose plays, he invariably drove himself thru and over the opposing line and there were no ends powerful enough to box him." He was a consensus first-team All-Ohio selection that year. In 1910, Powell moved to end, a move which saddened the Dispatch beat writer, because "at his true position... there is none better than Powell." At end, however, Powell was again a consensus All-Ohio selection. The Makio noted after that season, "Dutch leaves our midst bearing our deep appreciation for the services he has performed for Ohio State."

Powell left Ohio State with a degree in law, but he still wanted to play football. The Shelby Blues were the reigning champion of professional football, and the Blues' player/coach/general manager George "Peggy" Parrott signed Powell. A former Ohio State football player named Happy Reemsnyder had briefly played with the professional Massillon Tigers back in 1906, but an Ohio State player had never before tried to make a career in the sport, especially not a player with a more respectable career in law awaiting him.

Parrott and Powell made a good pair. In 1911, the Blues repeated as champions. The following year, Parratt moved on to a better position with the Akron Indians, and he took his best players with him, including Powell. Powell stayed with Parratt in Akron through the 1914 season. In 1915, Powell was enticed to join the Canton Bulldogs, playing alongside the great Jim Thorpe, but in 1916 Parratt had found a new opportunity in Cleveland, and he brought Powell back into his fold.

Parratt intended the 1916 Cleveland Football Indians to be the greatest team ever fielded. He signed as many former All Americans as he could: Bob Butler from Wisconsin, Shorty Des Jardien from Chicago, Murray Shelton from Cornell, and Lorin Solon from Minnesota. Even in that exalted company, Dutch Powell more than held his own, demonstrating to the world the value of the overlooked Ohio State athletes.

After seven years in professional football, and some time serving in World War I, Powell finally began his respectable career as a lawyer.

Robert J. Roman is the author of Ohio State Football: The Forgotten Dawn where additional stories such as this one can be found.

VARSITY "O" / BUCKEYE CLUB CHANGES COMING FOR THE 2022 SEASON

For more information on the upcoming changes to Varsity O and the Buckeye Club please visit: https://ohiostateBuckeyes.com/buckeye-club/psc/

If you have specific questions about your account please contact the Buckeye Club via email to <u>buckeyeclub@osu.edu</u> or by calling (614) 292-9908.

The Department of Athletics continues to work with state and local health officials on protocols surrounding fan attendance at games for the 2021 season. Once more details become available, information will be sent regarding 2021 season ticket renewals and seat selection timelines and processes.



WHY IT IS IMPORTANT TO TRAIN YOUR BALANCE

Though it might not be number one on your priority list, you need good balance to do just about everything, including walking, getting out of a chair and leaning over to tie your shoes. Strong muscles and being able to keep yourself steady make all the difference in things you do every day.

Balance tends to decrease with time, especially if you're not active. As you age, your bones, muscles and the little receptors that sense and control balance change, which can increase your risk of falling. People that consistently train balance and resistance train can prevent age-related changes from occurring, stay independent and decrease risks of falling.

Balance training involves doing exercises that challenge your balance and stability and strengthen the muscles that help keep you upright, including your legs and core. These kinds of exercises can improve reactions and help prevent falls.

Luckily, exercises that test your balance are easy to work into your life – you can do them anywhere. In general, any workout move you do in a standing/upright position requires some level of balance. When you do exercises that throw off your center of gravity—like holding one leg up in the air while doing a bicep curl—your body and brain have to work and react to keep you stable.

We advise patients to work balance exercises into their warm-ups or between their traditional exercises within their typical routine. Also, I'll tell them to just practice standing on one leg throughout their day, like while brushing their teeth or standing in line at the grocery store.

1. SINGLE-LEG BALANCE WITH OPPOSITE FOOT REACHES

Mark two spots on the floor, one in front of you and one to the side. While standing on one foot, slightly bend your standing foot and reach the opposite foot out in front and then to the side. Touch the two identified spots. Repeat this 10 times on each leg.

2. SINGLE-LEG BALANCE WITH ARM REACH

Place a box or chair about a foot or two in front of you. While standing on one leg, bend your standing leg. Reach forward until your hands tap the box. The foot you're not standing on should extend back slightly, making sure the knee of your standing leg stays in line with your toe. Repeat this 10 times on each foot.

3. SINGLE-LEG BALANCE WITH LATERAL ARM LIFT

While standing on one foot, lift both arms to your sides until they're shoulder height. For more of a challenge, use weights. Repeat this 10 times on each foot.

4. SINGLE LEG BALANCE WITH ALTERNATING UPPERCUTS

While standing on one foot, lift one arm at a time so that your hand reaches toward the opposite shoulder. For more of a challenge, use weights. Repeat this 10 times on each foot.

5. SINGLE-LEG BALANCE WITH OVERHEAD WALL REACH

Stand with your back to a wall, holding a medicine ball or weight. While standing on one foot, start with your arms down and slowly reach them above your head, gently tapping the ball on the wall behind you. Repeat this 10 times on each foot.

View YouTube Video Here



USE OF THE VARSITY "O" ROOM

As we look forward to what we hope is a great 2021 OSU football season with the stands full of OSU fans, Varsity O wants to remind our members of a few guidelines with respect to use of the stadium Varsity O room on football Saturdays.

At the present time we are going forward with plans to open and operate the VO room in much the same manner as in the past "before COVID." Due to ever changing conditions and requirements caused by COVID 19, these rules, and even the use of the VO room, are subject to modification prior to and during the season. Your VO Board will strive to keep you informed of any changes.

Please keep in mind that each game may have a different set of requirements or limitations. Most importantly, be respectful to the Red Coats whose job it is each week to ensure the use of the room complies with the regulations of VO, the Athletic Department and the State Fire Marshall. This will be especially true during the upcoming season as we strive to return to "normal."

The use of the VO room on football Saturdays is available only to VO football members who have made a qualifying donation or who are grandfathered lifetime members, and their guests. Due to concerns of overcrowding, and the uncertainty of the number of persons that may be permitted in the room as we return to normal, this number may be reduced and the guests of VO football members may be restricted to family members or eliminated for the 2021 season. Regardless of what regulations are in place, for entry into the VO room the football VO member is required to show his current membership card. The VO football member should accompany any family member or guest entering the VO room.

We again hope to be able to open the room 2 hours prior to kickoff. We plan to provide food service similar to the past but with a few changes. The cost of the food service will be \$10.00 per person. As many of you know, the cost of almost everything is going up. Levy Foodservice, the OSU Stadium food service provider, is working with VO to provide varied menus at an affordable price for the benefit of our members and guests.

Remember that it is the VO member's responsibility to see that all food and beverage services are paid for regardless of whether consumed by himself, family member or guest. Failure to do so may result in the member being required to pay and future access to the room being restricted or denied. Please note that the stadium is moving to a "cashless" system so payment must be made by credit or debit card or other accepted electronic means.

Also, as in years past, we hope to again be able to offer beer for sale in the VO room. Again, each member is responsible for the actions of himself, family and guests. Varsity O and Levy Foodservice reserve the right to limit or refuse the sale of beer to anyone or everyone should the situation require. Should the need arise, VO and Levy also reserve the right to have any person removed from the VO room and to restrict or deny the VO member and his family or guests' future access to the room.

The VO room is a great place to meet old friends and teammates or make new friends. Please respect that it is made available for our use by the past gifts of VO football members and by a long-time honored arrangement with the athletic department.

This season is bound to have a few twists and turns with the possibility of new rules or regulations each week. Your understanding is appreciated. If you have any questions or concerns, please address them to a VO Board member.

GO BUCKS!

GIVING AND FINDING STRENGTH

By Todd Jones

Scott Rider converted a diagnosis of Parkinson's into a mission to help others — through connection, empathy, awareness and fundraising. His perspective has lessons for all of us, regardless of the nature of our challenges in life.

Scott Rider '82 immediately wept in 2006 when a doctor diagnosed him with Parkinson's disease, a neurodegenerative disorder with no known cure.

"I can picture it like it was two minutes ago," Rider says. "I knew then that my life had changed forever. Just bringing it up, I'm getting emotional."

At first, Rider tried to hide the side effects of his Parkinson's. He'd sit on his hands or cross his arms to conceal his tremors. But a few months later, the Buckeye saw an opportunity to have an impact.

"I decided to embrace it," says Rider, now 61. "I said, 1'm going to use my experience as something positive to help others."

Rider has made it a personal mission to increase awareness about Parkinson's, offer encouragement to others dealing with the disease and raise money for research and support of the national Parkinson's Foundation.

Nearly 1 million Americans are living with Parkinson's. Another 60,000 people in the United State are diagnosed with the disease each year. And Ohio State is on the forefront of research. In 2020, a team of neurologists and neurosurgeons at Wexner Medical Center and the university's College of Medicine performed a novel gene therapy brain infusion to treat patients with Parkinson's.

Rider spreads the word about such research far and wide. He has traveled to 35 cities across the country in the past four years to speak to Parkinson's support groups and other organizations. He's written a blog and interviewed people who have Parkinson's — such as former NBA player Brian Grant and U.S. Olympian Ryan Hall — for his own YouTube channel.

It's no surprise that Rider responded to his disease by taking action. He's always been a leader. Rider was twice captain of the Ohio State men's track and field team. He was a three-time Big Ten champion, twice named an All-American and still holds the school 800-meter record.

"My experiences at Ohio State prepared me for life," says Rider, who retired to Beaufort, South Carolina, in 2017 after 30 years as a financial planner in central Ohio. "And the experiences that I had running for the Buckeyes have given me a platform to educate people about Parkinson's. It opens doors."

Rider has been an annual supporter of Moving Day, an annual fundraising event for the Parkinson's Foundation. His team led the nation in 2017 by raising nearly \$100,000 for that event, which will be held this year on May 22. He's currently raising money to participate in another foundation fundraiser, Parkinson's Revolution, on June 12.

Bigger plans lied ahead for Rider. He helped form Parkinson's Across America, a team that will travel across the country in spring 2022. He will be interviewing patients, families, doctors and researchers for a documentary film funded so far by 11 corporate sponsors and individual donors.

Rider spoke to Ohio State Alumni Magazine about his experiences with Parkinson's and how he wants to inspire hope and perseverance.

WHY ARE YOU ON THIS MISSION REGARDING PARKINSON'S?

I've made an effort to reach out to other people because there are so many misconceptions about the disease. I've been very open and vocal about it because I think I have a message people need to hear. Like so many in similar situations, what I've learned is that other people benefit from my encouragement. And I probably benefit from helping them.

GIVING AND FINDING STRENGTH (CONT.)

WHAT IS YOUR MESSAGE TO SOMEONE DIAGNOSED WITH PARKINSON'S?

The first thing I would tell anyone is that it's not a death sentence. And the second thing I'd say to them is exercise, exercise, exercise. Parkinson's can make some people apathetic or depressed. You have to watch for that because it's easy to not exercise. But exercise is critically important. For some people, it can be taekwondo or kickboxing. I can't run. My main form of exercise that I derive the most benefit from today is bicycling. Riding makes all the difference in the world for me. It makes me feel better physically and mentally. When I'm on a bike, I feel like a person without Parkinson's.

WHAT OTHER ADVICE DO YOU HAVE FOR SOMEONE DEALING WITH PARKINSON'S?

Parkinson's is different for every single person. It's not like you can say you're on the same trajectory as someone else because you're diagnosed at the same age. But my advice would be no matter how tough it may be mentally and physically, keep moving and being around people. Don't self-isolate. Parkinson's is a very lonely disease. Most people tend to isolate because they're self-conscious about how they might appear in front of other people. Well, there is power in getting together with people who are facing the same battles and struggles. We've created a very vibrant support group in our local community. It feels good that somebody else understands and knows what it's like. It's about connections, bringing people together, a sense of community.

YOU'VE LIVED WITH PARKINSON'S FOR 15 YEARS. WHAT'S YOUR MINDSET MOVING FORWARD?

There's a huge correlation between my running career at Ohio State and my attitude now. I believe it prepared me for this journey. It taught me discipline, and it also taught me to how to respond to losing and learn from it. Having Parkinson's is like losing. It's weird in that you know the disease is progressing. Every day it's getting a little bit worse, and there is nothing you can do about it. It's a strange feeling. The experiences of losing in track kind of gave me the grit to carry on today, to fight this fight.

I tell people that attitude is everything. I wear this bracelet every day that has the letters I-W-N-Q, and that stands for "I Will Never Quit." That's my motto. It's not easy, but you got to have that attitude that you will never quit.







WHY I GIVE - REMINGTON LYMAN

At just 27 years old, Remington Lyman ('16) has committed himself to philanthropy. His five-figure gift to the rifle program at the end of last year helped the team compete in their 2021 season and was one of the program's largest gifts in history. Remington, who was a rifle letterwinner himself, has begun a career in finance and realty.

While donning the Scarlet and Gray, Remington excelled both in the classroom and on the range. He was a Big Ten Medal of Honor finalist, a two-time team captain, two-time All-American and a USA National Team member. Though, his proudest moment came as he led the Buckeyes to their second ever NCAA Tournament appearance as a senior in 2016. Academically, he earned Ohio-State Scholar-Athlete honors, Academic All-Big Ten honors and was a participant in the Eugene D. Smith Leadership Institute's Bucks Go Pro internship program.

When asked about why he found it important to support athletics, Remington noted the opportunities that being a student-athlete provides. Countless young men and women could not afford to attend an institution like Ohio State without the support of scholarships, many of which are funded through donors who are passionate about collegiate athletics.

For Remington, being a student-athlete provided him the opportunity to learn how to manage his time effectively. This skill has certainly translated to a successful career, where he continues to manage a busy schedule that demands his organization. For current student-athletes, Remington hopes that they take advantage of the academic and professional development opportunities made available to them. He recommends they network as much as possible, utilize tutors and office hours and commit time to the job placement resources that are available to student-athletes.

Remington represented Ohio State well during his time as a Buckeye and is continuing his legacy with the rifle program through his philanthropy. We are grateful for his support and are proud of his accomplishments.





THEODORE "TED" LORBER: THE FIRST SELECTED

By Rusty Wilson

Ted Lorber was not only the first Buckeye fencer to make the Olympics, but was also the first Big Ten fencer to win a place on a U.S. Olympic Team, and since he lived in San Francisco at the time, he also became the first man west of the Alleghenies to make an Olympic fencing team. In addition, by winning the foil competition at the Pacific Coast Trials on April 16, 1932 Lorber was the first athlete chosen for the United States Olympic Team.

At Ohio State, Lorber was a member of the 1926 and 1927 Big Ten Championship Teams. The Big Ten sabre champion in 1927, he replaced Frank Riebel as OSU head coach in 1928 while also serving as team captain. He led the Buckeyes to a third-place finish in the conference as a "student coach." Following graduation from Ohio State he formed a Columbus branch of The American Fencers League of America in order to train for the 1928 Olympic Trials. In the late 1920s he migrated west and was the western salesman for the S.A. Weller pottery company of Zanesville, his hometown. Settling in the San Francisco area he continued his fencing career as a member of the prestigious Olympic Club. While with the Olympic Club he was the 1931 and 1932 Pacific Coast foil champion.

In 1932 coast to coast travel was still long and tedious, and because of this the Olympic selection process was unique by today's standards. Because of the expense of attending the official team trials in New York, the American Olympic Committee accepted his victory in the foil competition at the 1932 Pacific Coast Championships in Los Angeles as proof of his Olympic qualifications and Lorber was placed on the team. This process also cost Lorber a medal. Whereas he was chosen to compete in the individual foil competition he was not chosen for the foil team competition. The team, which won the Olympic bronze medal, was chosen by the East Coast directors of the Fencing Committee causing controversy in the selection process.

At the Games he won two matches and scored enough points to finish in 7th place in the third pool. Unfortunately, only the top six fencers proceeded to the semi-finals and thus he was eliminated from Olympic competition. Lorber died at the age of 82 on October 11, 1989 in Milpitas (Santa Clara), California.

LOS ANGREES America's first 1932 Olympic athlete is chosen at Los Angeles, when Ted Lorber of the San Francisco Olympic Club wins the individual open foils event of the Olympic Tryouts, thereby automatically becoming the first member picked for the American team. Ted Lorber, right, is being congraduated on his victory by Ralph J. Faulkner, noted fencer who was one of his opponents, and also a strong possibility for the American team in other fencing events. 4/16/32





UPCOMING EVENTS

CLASSIC FOR COLUMBUS GOLF OUTING

Join Ray Griffin, Football 1974-77, and many other former Buckeyes to participate in the Classic For Columbus Golf Outing. This is the inaugural year for the Classic For Columbus (CFC), a weeklong celebration of educational, existential, cultural and entertainment events that complement a rivalry football game showcasing Historically Black Colleges and Universities (HBCUs). This year's game between Central State University and Kentucky State University will be played Saturday, August 28 in the Horseshoe at The Ohio State University.

This charity golf outing will help CFC's goal to raise over \$500,000 for scholarships at HBCUs. Mingle, enjoy fellowship and network with sports personalities and help raise money for year-round charitable programs. There will be prizes, awards, food, and more.

This event is not sponsored or produced by the OSU Varsity "O" Alumni Society; this information is being provided to our members as a courtesy.

When: Thursday, August 26, 2021 Time: Shotgun start at 8:30 AM

Where: Champions Golf course, 3900 Westerville Rd., Columbus, OH 43224

What: 144 golfers in four-person teams in a scramble format

Cost: \$125

Register **HERE**.

Join your fellow Buckeyes on August 26 and take a swing for a scholarship and feeding the hungry. For questions or more information please contact Ray Griffin at Raymogriff3@aol.com.

This golf outing is presented by Kappa Alpha psi fraternity Incorporated on behalf of CFC.

SAVE THE DATE-TOUR THE "SHOE" WITH VARSITY "O"

We will again be providing a fun filled, "Behind the Scenes" Tour of Ohio Stadium, to be held the evening of August 10, 2021. It will be a wonderful, exciting, safe experience as we will also comply with all Covid-19 protocols as required by the CDC.

- TBDBITL Band Room
- Yassenoff Recruiting Room
- Varsity Locker Room
- On-field Photograph Opportunities
- Press Box & Huntington Club
- Finish at the Varsity "O" Room for some "Buckeye Style" refreshments

Please be looking for further details and registration information coming your way via e-mail, the Varsity "O" Website and Facebook page.

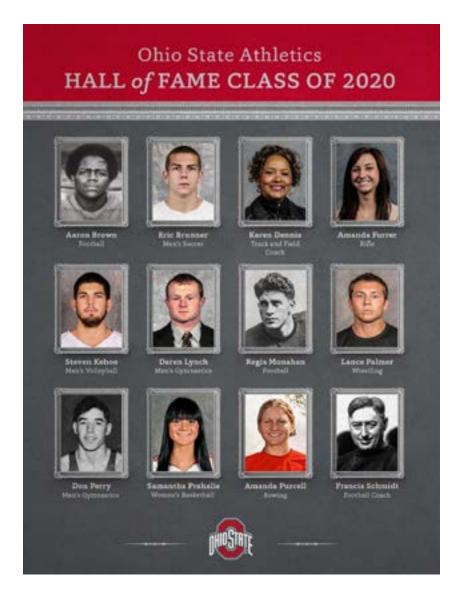
UPCOMING EVENTS (CONT.)

OSU ATHLETICS HALL OF FAME BANQUET

When: Friday, September 10th @ 6:00 p.m.

Where: Covelli Center

More information on this event will be sent to VO members in the following weeks.



For a complete listing of upcoming Alumni Association events, visit osu.edu/alumni/activities-and-events/events

Alumni events are filled with fun, festivities and, yes, sometimes football. The Ohio State experience doesn't stop with commencement, so come together with your fellow alumni to enjoy more time as a #BuckeyeForLife.

NEWS

WHY BE A VARSITY "O" MEMBER?

The Ohio State University Varsity "O" Alumni Society is an exciting, active alumni organization consisting of former Ohio State varsity athletes who earned at least one letter in their varsity sport. We enjoyed our time competing for the Buckeyes and we strive to help current and former Buckeyes. Our slogan is "Athletes Helping Athletes", which we achieve by creating programs designed to help current and former Buckeye athletes. We are proud of our rich history and tradition and celebrate our legacy through our Athletics Hall of Fame, team reunions, and sales of Varsity "O" apparel, rings, mugs, and flags. We support current athletes through fully funded scholarships, post graduate scholarships, recognition of team captains, a first-time letter winners' ceremony, and awards to the teams with the highest and most improved grade point averages. We provide Buckeye networking opportunities through social media, including Facebook, Instagram, Twitter, and LinkedIn, the Varsity "O" website, guarterly newsletters, our annual Homecoming Tailgate, pre-game football tailgates, receptions at football and basketball games, and receptions at select away football games and other sporting events.

Benefits of membership:

Ability to purchase OSU football tickets

Free admission for two to OSU Olympic sports events

Invitations to exclusive Varsity "O" events

OSU golf course walk-on privileges

Access to Varsity "O" Store for exclusive goods and apparel

1 20% discount on goods at Ohio State Team Shop

Quarterly Varsity "O" Newsletter

Sustaining membership in OSU Alumni Association

Buckeye Club Membership



VARSITY O

Be a part of The People, The Tradition and The Excellence and become a Varsity "O" Member today! Go to varsityo.alumni.osu.edu/membership/

Questions? Write **buckeyeclub@osu.edu** or call **614.292.9908**

SPECIAL VARSITY "O" ALUMNI SOCIETY LICENSE PLATE FRAMES, CHENILLE AWARD FRAMES, FLAGS & BANNERS AVAILABLE FOR YOU TO PURCHASE

Questions? Joe@BuddeRealEstateLaw.com



ITEM #1 Varsity O License Plate Frame



ITEM #2
Framed Chenille Award

LICENSE PLATE FRAME

\$30 - includes shipping when delivered to a business address

\$35 - includes shipping when delivered to a residence due to UPS charges

FRAMED CHENILLE AWARD

\$75 - includes all shipping costs



ORDER FORM

ITEM NUMBER REQUESTED:
*If requesting item #2, please list name, varsity sport(s) and year(s) participated how you would like it to appear on the award.
VO MEMBER NAME:
VARSITY SPORT(S):
YEAR(S) PARTICIPATED:
SHIPPING ADDRESS:

Mail this order form and your check payable to: OSU Varsity "O" Alumni Society to:

VARSITY "O" ALUMNI SOCIETY FLAG & BANNER ORDER FORM



DESCRIPTION

SKU # FLC -2008	Varsity O Alumni Society Printed Nylon Flag	\$ 130.00
SKU # FLC -2009	White Varsity O Alumni Society Printed Nylon Flag	\$ 130.00
SKU # FLC -2010	White Varsity O Alumni Society Printed Nylon Banner	\$ 107.00
SKU # FLC -2011	Red Varsity O Alumni Society Printed Nylon Flag	\$ 130.00
SKU # FLC -2012	Red Varsity O Alumni Society Printed Nylon Banner	\$ 107.00

BILL TO
Name:
Company Name:
Street:
City/State/Zip:
Email Address:
Daytime Phone:
Fax:

SHIP TO	
Name:	
Company Name:	
Street:	
City/State/Zip:	
Note: please provide ship to P.O. Boxes.	street address for all shipments. We can not

SKU#	DESCRIPTION OF PRODUCT	QTY	PRICE EACH*	TOTAL	OFFICE USE ONLY
CC Number			SUBTOTAL		
CC Number: Exp Date: Zip:		Ohio Residents add 6.75% sales tax			
Σιρ			SHIPPING CHARGES		

SHIPPING CHARGES

The following charges are for shipping in the continental 48 states. Please call for orders to Alaska, Hawali, and international destinations, as these will include air freight charges.

For quick delivery, we can ship UPS 2nd-day and UPS next-day services for an additional charge. Please call and we will be able to quote you the special charges.

SHIPPING CHARGES

Adit to all orders

MERCHANDISE VALUE SAM
Up to \$10.00. \$7.75
\$10.00 \$10.00. \$10.00
\$100.01 \$200.00. \$10.00
\$100.01 \$200.00. \$10.00
\$000.01 \$100.00 \$20.00
\$100.01 and over \$ CALL

Email Completed form to: <u>patricia@flagladyusa.com</u>

Call with any questions! 614-263-1776 x 306

VARSITY "O" STORE







SHOP NOW Order 7/16 to 7/31

MEET THE BOARD

Varsity O Alumni Society Board of Directors



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JILL (VINCENT) BURKE President-Elect Synchronized Swimming ('76-'80) Administrator, Virtual Learning Academy jillvburke@gmail.com



LIZ (HELLICKSON) LUCAS Secretary Rowing ('97-'01) High School Teacher, Hilliard City Schools ehellickson@hotmail.com



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